#### **Cassidy Medical Centre Newsletter**



15.3.2019 Issue 1



# Welcome!

CMC IS PROUD TO PRE-SENT OUR FIRST NEWS-LETTER

Welcome to our first newsletter designed to inform and update our patients on the exciting new things happening here at your medical centre. We aim to publish a newsletter every 3 months informing our patients of what we have been doing at Cassidy Medial Centre.

#### Recent Feedback

We are incredibly proud of receiving a 5 star rating by the NHS.UK user rating. We have also received some excellent reviews on Google regarding our service. If you would like to do so we are welcome to receive feedback on

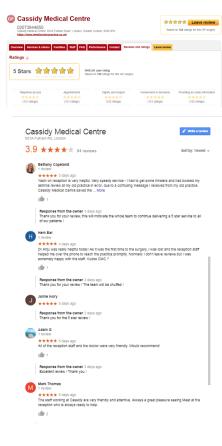
NHS user: <u>https://www.nhs.uk/Services/GP/</u> LeaveReview/DefaultView.aspx?id=44156

Google Reviews: <u>https://tinyurl.com/</u> <u>cassgooglereview</u>

Team Cassidy are working hard to further improve our service and maintain our high standards. As always we welcome feedback and are organising a session with patients to speak to the Practice Manager about concerns and comments they may have.

### Come and have a cuppa with the Manager at Cassidy

Every Wednesday 12pm - 1pm



NHS \*\*\*\*\*

#### TEAM CASSIDY

#### **Clinicians**

Dr. Mostafa Salmani Dr. Ahmed Hamza Dr. Karin Kadlecikova Dr. Marija Doko

Sarah Bangura - Nurse Elisabeth McDonic—Nurse

Helen Morahan—HCA Maria Moore—HCA

#### <u>Admin</u>

Abuakr Osman—Practice Manager Tony Sheikh—Receptionist Yasin Mungroo—Receptionist Zoe Samuels-Byfield— Receptionist Roberta Treica—Receptionist Bradley Arnold—Receptionist Zaharia Omar—Receptionist

#### New Faces

Dr. Mostafa Salmani Zaharia Omar—Receptionist

#### <u>Goodbye and good luck</u> <u>to:</u>

Hasin Ishraq—Receptionist Meet Mehta—Receptionist Zak Yunis —Receptionist

## **Focus This Quarter**

#### **Diabetes**

We are focussing on Diabetic reviews and High Risk of Diabetes Reviews. These reviews include a blood test for glucose levels, foot checks and other tests.

It is very important patients who are eligible to book appointments with the health care assistant. Please call the centre on 020 7384 4850 to see if you are eligible and to book an appointment.

Symptoms of diabetes include: frequent urination, feeling tired, blurred vision, feeling thirsty often,

https://www.nhs.uk/conditions/diabetes/

#### <u>Smears</u>

We are focussing on smear tests for women aged 25-64. During the screening appointment, a small sample of cells will be taken from your cervix. Smear tests are recommended to be taken ever 3 years for most women.

It is a simple test with vital benefits. It can help detect early cancer signs and you can be treated accordingly. Missing your smear test can be fatal— there were 854 deaths from cervical cancer in England in 2016.

Please call the centre on 020 7384 4850 to see if you are eligible and to book an appointment.

https://www.nhs.uk/conditions/cervical-screening/





